## HAND/FINGER/WRIST EXERCISERS



- 47130 GRIP TRAINER X-light
- 47131 GRIP TRAINER light

38 mm

- 47132 GRIP TRAINER medium
- 47133 GRIP TRAINER heavy

• 47170 TPR FLEX BAR - light

• 47171 TPR FLEX BAR - medium

Flex bar is a flexible, durable resistance

device with ridge surface for enhanced

It is used to improve grip strength by

47172 TPR FLEX BAR - heavy

bending, twisting or vibrating.

grip during use.

• 47134 GRIP TRAINER - X-heavy Releases typing and mousing tension. Improves hand and finger flexibility.





• 47160 SET OF 3 FINGER EXERCISERS Unique design for rehabilitation, excellent stress-reliever for users. Simply insert fingers into circles and stretch.

Multiple resistance level available, set of light, medium and heavy resistance.



- 47180 POWER GRIP light
  - 47181 POWER GRIP medium
  - 47182 POWER GRIP heavy

Develop finger flexibility, strength and coordination.

Increase hand, wrist and forearm strength. Improve the injured finger recovery.



- 47141 SQUEEZE EGG soft
- 47142 SQUEEZE EGG medium
- 47143 SQUEEZE EGG firm
- 47144 SQUEEZE EGG X-firm

These gel-filled eggs offer variable resistance training for hands and fingers. Help grip strengthening and reduce stress.



• 28790 HAND GRIP METER - plastic Indicator remains at maximum until reset and is calibrated 0-75 kg. Size 20x15 cm. Sold in a blister.

Manual in: GB, FR, IT, ES.

## BALANCE AND WEDGE CUSHION



47090 • 47090 BALANCE CUSHION • 47095 WEDGE CUSHION

Non allergic, non toxic air filled cushions made of soft, pliable material free of latex, PVC, phthalates and chloride. Both have two surfaces: smooth and bubbled which provide two kinds of user

experience. Great for improving intramuscular coordination as well as balance training ergonomic sitting and rehabilitation.

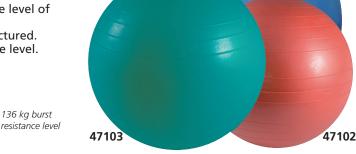
## RESISTANT BALLS

• 47103 BURST RESISTANT BALL - Ø 65 cm • 47104 BURST RESISTANT BALL - Ø 75 cm

• 47102 BURST RESISTANT BALL - Ø 55 cm

Designed for dynamic workouts that incorporate moderate level of resistance.

Deflate slowly if punctured. 300 lb burst resistance level.



## MASSAGE BALLS



• 47120 MASSAGE BALLS Set of 3 massage balls Ø 6, 7, 8 cm

47104



